



POSITIVE BEHAVIOUR SUPPORT BEHAVIOUR & ZONES MATRIX

Everybody's Feelings Can Change - Knowing our Zones can help us SOAR! Sometimes we are not ready to SOAR because we are in the Yellow, Red or Blue Zones

Yellow Zone		Red Zone		Blue Zone	
What Does it Look/Feel like? <ul style="list-style-type: none"> Silly Frustrated Worried 	What could I do to get back? <ul style="list-style-type: none"> Have a Drink Take a break Take a walk 	What Does it Look/Feel like? <ul style="list-style-type: none"> Angry Out of Control In a Panic 	What could I do to get back? <ul style="list-style-type: none"> Take a Break Count to 10 Take a deep breath 	What Does it Look/Feel like? <ul style="list-style-type: none"> Sad Tired Bored 	What could I do to get back? <ul style="list-style-type: none"> Have a rest Talk to someone Listen to a song

Green Zone		When we are in the Green Zone – We are SOARing! Good to Go! Ready to Learn.		What Does it Look/Feel like? • Calm, • Happy	
	S	O	A	R	
	We are SAFE	We are ORGANISED	We are ACHIEVERS	We are RESPECTFUL	
LEARNING AREAS <ul style="list-style-type: none"> Classrooms Library Oval (Sport) Art/Music Room D&T Workshop Home Ec. 	When we: <ul style="list-style-type: none"> listen to instructions. use equipment as directed. ask for permission to leave the class. keep our hands & feet to ourselves. know it is ok to ask for help. K-10 Lesson	When we: <ul style="list-style-type: none"> Are on time for all classes. Make sure your desk is tidy & ready for learning. Put things back where they belong. Bring a water bottle. K-10 Lesson	When we: <ul style="list-style-type: none"> Always do your best. Understand that asking a question helps us learn. Work together when we are asked. Set goals & work towards achieving them. K-10 Lesson	When we: <ul style="list-style-type: none"> Work quietly when asked. Raise our hands to speak. Listen to the person speaking. Always speak kindly to others. Treat others fairly and let others have their say. K-10 Lesson	
SCHOOL GROUNDS <ul style="list-style-type: none"> Oval Undercover Area Playground Toilets Verandas 	When we: <ul style="list-style-type: none"> Are Sun Smart and wear a hat and sunscreen. Walk on the verandas. Keep our hands & feet to ourselves. Use equipment for intended use. K-10 Lesson	When we: <ul style="list-style-type: none"> Return to class on time. Go to the toilet during breaks Get a drink during breaks. K-10 Lesson	When we: <ul style="list-style-type: none"> Follow all school expectations. Are inclusive of others. Show resilience K-10 Lesson	When we: <ul style="list-style-type: none"> Put all rubbish in the bin. Use the toilets the right way and leave it clean. Share and take turns. Include others Win or lose show good sportsmanship. K-10 Lesson	
SPECIAL EVENTS <ul style="list-style-type: none"> Incursions Excursions Assemblies Carnivals 	When we: <ul style="list-style-type: none"> Stay in our designated area. Are Sun smart and wear a hat and sunscreen. Listen to & follow all instructions. K-10 Lesson	When we: <ul style="list-style-type: none"> Wear correct school uniform. Are punctual. K-10 Lesson	When we: <ul style="list-style-type: none"> Always do our best Listen and follow instructions Join in with all activities. K-10 Lesson	When we: <ul style="list-style-type: none"> Encourage & support others. Show good sportsmanship whilst competing. Celebrate the efforts of others. Always use our manners. K-10 Lesson	

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